

Homeschooling For Adhd Child - How To Effectively Home School Adhd Child

By: Jennifer Walter

How do you help your child with adhd at home? A child who has ADHD can be trying at the best times, and is especially onerous for the non-professional, and sadly, there is a severe lack of knowledge, awareness and indeed available information for the parents, 2 key topics which is often raised by parents are concerns regarding medication, as well as the suitability of homeschooling. Because children typically suffer from ADHD at around preschool age, then it is in their best interests to be homeschooled.

Homeschooling children with ADHD shouldn't be that hard. A child with ADHD can be very trying, requiring an even greater investment in energy, patience, and love both on your part as well as the child's, and so the following is a list of tips and suggestions to make homeschooling for a child with ADHD a little easier:

1. Be Patient: Tough as it is, you have realize that homeschooling a child with ADHD will require a great deal more patience and commitment on your part, taking longer for them to settle and concentrate. If it feels like its getting too much for you, then remember two very important things 1) your efforts are for their benefit 2) a child with ADHD doesnt choose to be the way they are, or act the way they do. Accept the child unconditionally.
2. Fun time before teaching: Engage the child and make sure he is happy, content and satisfied, that he has had an opportunity to go to the bathroom, to have something to eat, and have some fun as well. This will pose less distractions and les demands on the attention of the child, meaning that they will focus more.
3. Hardest things first: start with the subject(s) the child dislikes the most, starting with the most difficult things at the start is a good idea because this is when the childs attention and focus will be at a peak. It also means that if towards the end the child has a subject they enjoy, then they will see that as a "treat".
4. Place a priority on oral and verbal skills: most children who suffer from ADHD also suffer from other conditions and learning disorders, which impedes their learning making learning more difficult which in turn deters them from learning, and so it goes on a vicious circle. Therefore, concentrate on the oral skills first, once the child has mastered this then move onto the verbal. With the oral skills so developed, the sense of achievement should be enough for the child to be prepared to move onto more advanced things.
5. Make learning fun!: The usual implements and methods of learning wont work with a child with ADHD, you have to engage them and make learning an enjoyable and creative process. Thus adhd child home schooling isn't that bad at all.
6. Positive encouragement and praise whether on its own, or reinforced with a reward of some sort is an excellent tool to help a child with ADHD. This will allow your child to feel more confident and also have a positive goal to work towards, creating routine and this will all help encourage your child study on their own. Let them feel loved and cared for, and always be truthful.

I hope these tips are of some use, and will help you with your child.

About The Author:

Jeniffer Walter is constantly interested to look at issues related to ADHD child parenting. For more information about this, feel free to visit his website at <http://www.adhdchildparenting.com>

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